

BESTWAY

LEAFLET **3^d**
No. 469

FOR THE ROYAL AIR FORCE

*Socks. Two Scarves, Gum-boot
Stockings and
Knee Caps*



Designed and Approved by the
ROYAL AIR FORCE
COMFORTS
Committee

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Design 1

Design 1.—RIBBED SCARF

(In 4-ply Wool)

MATERIALS: Allow 6 oz. of Sirdar Majestic Knitting Wool (4-ply); or 7 oz. of R.A.F. Knitting Wool (4-ply) (specially issued to knitting parties), and two No. 7 knitting needles.

TENSION: 8 sts. to one inch in width and 15 rows to 2 inches in depth.

MEASUREMENTS: Scarf will be about 10 inches wide and 44½ inches long.

TO MAKE

Cast on 82 sts. and work thus:

Pattern row: * K. 3, p. 1; rep. from * until 2 remain, k. 2. Rep. this row until scarf is 44½ inches long. Cast off and lightly press.

Design 2.—PLAIN SOCKS

(In 11, 11½ and 12-inch foot sizes; in 4-ply wool)

MATERIALS: Allow 4 oz. of Sirdar Majestic Knitting Wool (4-ply) for any of the three sizes; or allow 4 oz. of R.A.F. Knitting Wool (4-ply) (specially issued to knitting parties) for either of the two smaller foot sizes, or 4½ oz. for the largest size; four No. 11 knitting needles with points at both ends. Also, if you wish to reinforce socks at heel and toe, two reels of machine twist, or one ball of Star Sylko No. 8, in colour to match the wool.

TENSION: Over the st.-st., 10 rounds to the inch in depth and 8 sts. to one inch in width, but pressing out to 7½ sts. in width after sock is completed.

MEASUREMENTS—After Pressing: Length of leg, 14 inches. Foot length, 11, 11½ or 12 inches.

TO MAKE (Both Socks alike)

Cast on 68 sts. (24 each on 1st and 3rd needles and 20



Length 44½"
Width 10"

For the Royal Air Force

TWO SCARVES, SOCKS, KNEE CAPS and GUMBOOT STOCKINGS

ALL these garments have been specially selected by the R.A.F. Comforts Committee as being those continually in requirement for the men of the R.A.F. Each garment has been designed and approved by the R.A.F. Comforts Committee.

on 2nd needle.) Work in rounds of k. 2, p. 2 ribbing for 40 rounds.

Now change to st.-st. (every round plain k.) and continue until sock measures 7 inches.

Next round: 1st needle: K. 1, k. 2 tog., k. to end. 2nd needle: K. all sts. 3rd needle: K. to last 3 sts., k. 2 tog. (through backs of loops), k. 1. Work 5 rounds plain.

Rep. the last 4 rounds until sts. are reduced to 60 (20 on each needle). Then proceed without shaping until sock measures 11½ inches from start. Next, divide sts. for heel as follows:

K. over the first 15 sts. of 1st needle, then on to the other end of the needle holding these 15 sts. slip the last 15 sts. of 3rd needle, so that you have 30 sts. for heel.

Arrange the remaining 30 sts. on two needles and leave for the instep.

Continuing work only over the 30 heel sts., proceed backwards and forwards in rows, as follows, noting that if you wish to reinforce the heel you must take the twist or Sylko and work with one strand of this and one strand of wool tog.

P. one row; then k. one row and p. one row alternately for 26 more rows. Now turn heel.

1st row: K. 18, k. 2 tog. through backs of sts., turn.

2nd row: P. 8, p. 2 tog., turn.

3rd row: K. 8, k. 2 tog. through backs of sts., turn.

Rep. 2nd and 3rd rows until 9 sts. remain, ending with a k. row.

Next row: P. 4, p. 2 tog., p. 3 (8 sts.). Now rearrange sts. as follows (noting that if you have used reinforcing, you break off twist or Sylko and continue with wool only).

K. the first 4 sts. of heel and leave them on a spare needle.

With needle holding the remaining 4 heel sts. pick up 15 sts. from one side edge of heel (19 sts. on this needle, which will now be referred to as "1st needle"). On to 2nd needle slip all the 30 instep sts., then with a

ABBREVIATIONS: K., knit; p., purl; st., stitch; sts., stitches; st.-st., stocking-stitch; tog., together; rep., repeat; sl., slip; dec., decrease.

All measurements shown on diagrams are after pressing.

3rd needle, pick up 15 sts. along second side of heel and on to same needle slip the 4 sts. from spare needle (19 sts. on 3rd needle). Working over all three needles in rounds, proceed as follows.

K. 2 rounds plain.

Next round : 1st needle : K. to last 4 sts., k. 2 tog., k. 2. 2nd needle : K. 3rd needle : K. 2, k. 2 tog. (through backs of loops), k. to end.

Rep. the last 3 rounds until sts. are reduced to 15 on 1st and 3rd needles (60 sts. in round).

Continue without shaping until work measures $7\frac{1}{2}$ inches from where heel sts. were picked up (for an 11-inch foot) or 8 inches (for an $11\frac{1}{2}$ inch foot), or $8\frac{1}{2}$ inches (for a 12-inch foot). Now start to dec. toe (if it is to be reinforced joining in Sylko or twist and working this in with wool as before).

Dec. round : 1st needle : K. to last 3 sts., k. 2 tog., k. 1. 2nd needle : K. 1, k. 2 tog. through backs of sts., k. to last 3 sts., k. 2 tog., k. 1. 3rd needle : K. 1, k. 2 tog. through back of sts., k. to end.

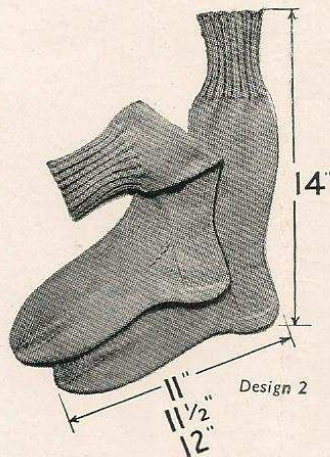
Next round : K. without dec.

** Rep. the last 2 rounds until 28 sts. remain, then rep. the dec. round once more.

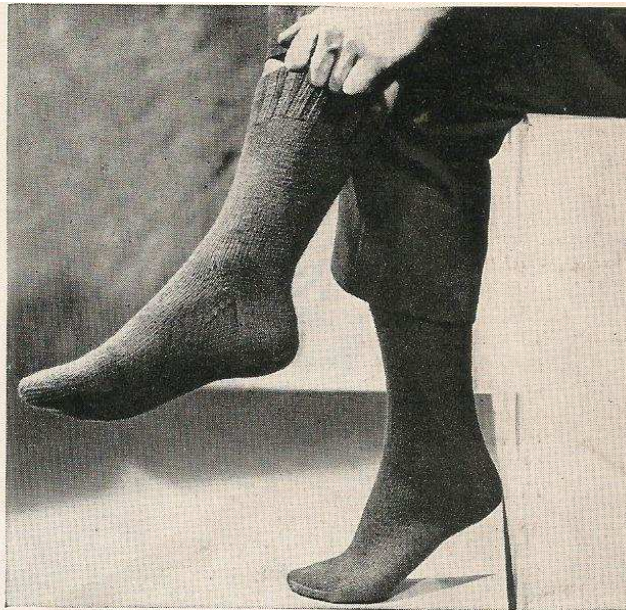
Now work across the sts. on 1st needle. Slip the sts. from 3rd needle on to other end of needle holding these sts. Graft the two sets of sts. together or cast off the sts. and sew up seam; then press sock.

To graft the sts., fasten off the Sylko, or twist altogether if toe has been reinforced, then fasten off the wool, leaving about $\frac{1}{2}$ yard which thread through a bodkin.

* Put bodkin in 1st st. of front row as if about to k., draw wool through, and sl. st. off needle; now put bodkin in 2nd st. on front needle, as if about to p., draw wool through, but do not sl. st. off needle. Pass bodkin under front needle, and put it in 1st. st. of back row as if about to p., draw wool through and sl. st. off needle; put bodkin in 2nd st. of back needle as if about to k., draw wool through but do not sl. it off needle. Bring bodkin again to front under 1st needle. Repeat from * until all the sts. are worked off, then fasten off.



Design 2



10th row : K. 2, * p. 8, k. 8; rep. from * until 2 remain, k. 2.

Rep. this row 8 times more.

These 18 rows form the pattern. Rep. them 20 times more, then work the first 9 rows again. Cast off. Press scarf lightly.

Design 4.—KNEE CAPS

(In 4-ply Wool)

MATERIALS : Allow 2 oz. of Sirdar Majestic Knitting Wool (4-ply) or 2 oz. of R.A.F. Knitting Wool (4-ply) (specially issued to knitting parties), and two No. 12 knitting needles.

MEASUREMENTS—After Pressing : Across widest part of knee, about $4\frac{1}{2}$ inches on the double.

TENSION : Over the ribs, 11 rows to the inch in depth and 10 sts. to the inch in width, measured with ribs unstretched. Over the garter-stitch, 8 sts. to one inch in width and 16 rows to one inch in depth.

TO MAKE (Two alike)

Cast on 82 sts. and work in ribs of k. 1, p. 1 for 3 inches.

Next row : Rib 37, k. the next 8 sts., and turn.

Next row : K. 8, then k. 1 st. extra from the ribbed section. Turn.

Next row : K. 9, then k. 1 st. extra from the ribbed section. Turn.

Next row : K. 10, then k. 1 st. extra from the ribbed section. Turn.

Proceed in this manner, taking 1 extra st. from the ribbing in every row until you reach the row where there are 60 sts. in garter-st. (the plain k. section) and 11 sts. at each end in ribbing.

Next row : K. 59, turn.

Next row : K. 58, turn.

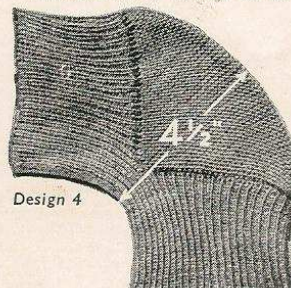
Next row : K. 57, turn.

Next row : K. 56, turn.

Proceed in this manner over the garter-st. section, working 1 less st. in every row, until you have worked the row which would read "K. 8, turn."

Next row : Work in k. 1, p. 1 ribbing across the garter-sts., and then rib across the 11 rib sts. to end.

Next row : Work across all sts. in k. 1, p. 1 ribbing (82 sts.). Rib a further 3 inches, then cast off ribwise. Join the seam. Lightly press the garter-sts., but not the ribbings.



Design 4

Design 3.—BASKET STITCH SCARF

(In Double Knitting Wool)

MATERIALS : Allow 7 oz. of Templeton's Botany Fibro Double Knitting Wool, or 9 oz. of R.A.F. Double Knitting Wool (specially issued to knitting parties) and two No. 10 knitting needles.

TENSION : 7 sts. to one inch in width and 8 rows to one inch in depth.

MEASUREMENTS : Scarf is 12 inches wide and just over 48 inches long.

TO MAKE

Cast on 84 sts. and work thus :

1st row : K. 2, * k. 8, p. 8; rep. from * until 2 remain, k. 2. Rep. this row 8 times more.



Design 3

Length 48"
Width 12"

Design 5—GUM-BOOT STOCKINGS

(In Oily Wool.)

MATERIALS : Allow 12 ozs. of Copley's Oily Yarn, or 12 ozs. R.A.F. Natural Oily Wool (specially issued to knitting parties), four each of No. 9 and No. 8 knitting needles, with points at both ends.

TENSION : 5 sts. to one inch in width and 7 rows to one inch in depth on No. 8 needles,

MEASUREMENTS—After Pressing : Length of leg to base of heel, 16 inches, foot length 11, 11½ or 12 inches.

TO MAKE (Two alike)

Using No. 9 needles cast on 60 sts. on three needles (20, 20, 20). Work in rounds of k. 2, p. 2 ribbing for 3 inches. Change to No. 8 needles and work in rounds of plain k. until stocking measures 5 inches from the cast-on edge. Then dec. thus :

Next round : 1st needle : K. 2, k. 2 tog., k. to end. 2nd needle : K. all sts. 3rd needle : K. to last 4 sts., k. 2 tog. through backs of loops, k. 2.

Now work 5 rounds without dec. Rep. these 6 rounds 6 times more when the sts. will be 13, 20 and 13.

Work in rounds of plain k. without dec. until stocking measures 14 inches from the start, then divide for the heel thus: Take last 11 sts. from 3rd needle and k. over first 11 sts. of 1st needle (22 sts.). Leave remaining 24 sts. on 2 needles for front of foot. Work on the 22 heel sts. as follows :

1st row : Sl. 1, p. to end of row.

2nd row : Sl. 1, k. to end of row.

Rep. these 2 rows 7 times more.

17th row : As 1st row.

Now turn heel thus :

18th row : K. 15, k. 2 tog., turn, * p. 9, p. 2 tog., turn, k. 9, k. 2 tog., turn ; rep. from * 4 more times, p. 9, p. 2 tog. (10 sts.).

Next row : K., then pick up and k. 12 sts. down side of heel ; with 2nd needle k. across 24 sts. at front of foot ; with 3rd needle pick up and k. 12 sts. up second side of heel, then k. 5 sts. from the 1st needle to 3rd needle (17, 24, 17).

1st round of foot : K.

2nd round : 1st needle : K. to last 3 sts., k. 2 tog., k. 1. 2nd needle : K. all sts. 3rd needle : K. 1, k. 2 tog. through the backs of the loops, k. to end.

Rep. these last 2 rounds 4 times more (12, 24, 12).



Design 5

Then work in rounds of plain k. until foot measures 2½ inches less than total foot length required. Now shape toe thus :

1st round : 1st needle : K. to last 3 sts., k. 2 tog., k. 1. 2nd needle : K. 1, k. 2 tog. through the backs of the loops, k. to last 2 sts., k. 2 tog., k. 1. 3rd needle : K. 1, k. 2 tog. through backs of the loops, k. to end.

2nd round : K.

Rep. these last 2 rounds 8 times more (3, 6, 3).

K. the sts. from the 1st needle on to the 3rd needle and graft sts. together or cast off and sew up seam neatly. For method of grafting see "Plain Socks." Press socks well with a warm iron over a damp cloth.

ALSO ON SALE

FOR THE ROYAL AIR FORCE.

(As designed and approved by the R.A.F. Comforts Committee.)

- No. 468. Sleeveless Pullover and Polo-necked Sweater
- No. 470. Gloves, Mittens, Flying Gloves, Plain Short Helmet.

FOR THE ROYAL NAVY.

(Designed in consultation with the Admiralty.)

- No. 107. Sleeveless and Three-quarter Sleeve Pullover.
- No. 109. Gloves, Mittens, Socks, Sea-Boot Stockings.
- No. 112. Sleeveless and Three-quarter Sleeve Pullover.
- No. 113. Helmet, Comforters, Socks.
- No. 114. Steering Gloves, Wristlets, Mittens, Ordinary Gloves.
- No. 115. Sleeveless and Long Sleeved Pullover.

FOR THE ARMY.

(As approved by the Director of Voluntary Organizations, War Office, Whitehall.)

- No. 471. 1st Army Leaflet (Sleeveless Pullover).
- No. 484. 2nd Army Leaflet (Cap-Muffler, Gum-boot Stockings and Long Mittens).



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Knitting parties who desire to become registered should write to the above-named address.

Please be sure to attach all pairs of gloves, socks and mittens firmly together.