

BESTWAY

LEAFLET **3^d**
No. 468

FOR THE ROYAL AIR FORCE

*Polo-Neck Pullover
and Sleeveless
Pullover*



Designed and Approved
by the
**ROYAL
AIR FORCE
COMFORTS**
Committee



For the Royal Air Force

A SLEEVELESS PULLOVER AND A POLO NECK PULLOVER

(In Two Weights of Wool)

The Sleeveless Pullover (IN 4-PLY WOOL)

MATERIALS : Allow 7 ozs. of Sirdar Majestic Knitting Wool (4-ply); or allow 7½ ozs. R.A.F. Knitting Wool, 4-ply (specially issued to knitting parties); two No. 8 knitting needles; four No. 10 knitting needles, pointed both ends.

MEASUREMENTS—after pressing: Round underarms, 38 inches (it will fit up to a 40-inch chest); from waist to shoulder, 21½ inches.

TENSION : Over the st.-st. on No. 8 needles, 13 sts. to 2 inches in width, and 8 rows to 1 inch in depth.

THE BACK

Using two No. 10 needles cast on 120 sts. and work in ribs of k. 1, p. 1 for 3½ inches.

Change to No. 8 needles and work in st.-st. (one row k., one row p. alternately, the k. rows being right side of work) for 9 inches, ending with a p. row.

Now shape the armholes thus :

Cast off 8 sts. at the beginning of the next 2 rows, then take 2 tog. at each end of every alternate row until 96 sts. remain.

Proceed without further shaping until armholes are 9 inches deep, measured on the straight from the first armhole shaping row.

Shape the shoulders by casting off 7 sts. at the beginning of the next 8 rows. Cast off remainder for back of neck.

THE FRONT

Work exactly as for the back until the first 2 rows of the armhole shapings are worked, then commence the neck shapings thus :

These pullovers have been specially selected by the R.A.F. Comforts Committee as being those continually in requirement for the men of the R.A.F. Each garment has been designed and approved by the R.A.F. Comforts Committee.

Next row (right side) : K. 2 tog., k. 48, k. 2 tog., turn. Slip remaining 52 sts. on a spare needle for the time being.

** Proceed on the sts. on working needle thus : Take 2 tog. at the armhole edge of the next 3 alternate rows to complete the armhole shapings, and take 2 tog. at the inner or neck edge of every 3rd row.

When armhole shapings are finished still continue to dec. 1 st. at neck in every 3rd row until 28 sts. remain.

Proceed without further shaping on these 28 sts. until armhole is 9 inches deep, measured on the straight from the first armhole shaping row, and finishing at armhole edge.

Shape the shoulder by casting off 7 sts. at the beginning of every row which starts at armhole end until 7 sts. remain. Work one more row and cast off.**

Join wool to inner end of remaining 52 sts. of front.

1st row of 2nd side : K. 2 tog., then k. until 2 remain, k. 2 tog.

Now proceed on these sts. as for the first side of front from ** to **.

THE ARMBANDS (Two alike)

First join the shoulder and side seams of pullover, then with the right side of work facing you and using the set of No. 10 needles, pick up 148 sts. all round armhole edge. Arrange these sts. on three needles, then work in rounds of k. 1, p. 1 ribbing for 1 inch. Cast off ribwise.

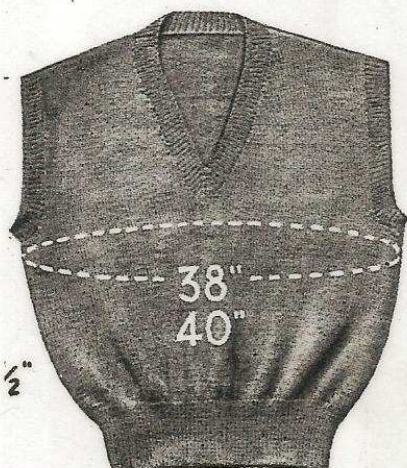
THE NECKBAND

With the right side of the work towards you and using No. 10 needles, pick up with one needle 76 sts. along side of neck from the V point up to the shoulder; with a second needle pick up 41 sts. across back of neck, then with a third needle pick up 76 sts. down second side of neck, from shoulder to V point. With the fourth needle work in rounds of k. 1, p. 1 ribbing for 1 inch, taking 2 tog. at the V point on the 1st and 3rd needle in every row. Cast off ribwise.

TO COMPLETE PULLOVER

Pin out pullover to the measurements given (do not pin out waist rib) and press the st.-st. sections under a damp cloth.

The measurements of the sleeveless pullover after pressing. (It is 38 inches round the chest, but will stretch up to a 40-inch chest size.)



ABBREVIATIONS : K., knit; p., purl; st., stitch; sts., stitches; tog., together; st.-st., stocking-stitch; inc., increase; dec., decrease.

The Polo Neck Pullover

(IN 4-PLY WOOL)

This is given in two sizes—First Size, 36-inch chest;
Second Size, 38-inch chest.

MATERIALS: Allow 10 ozs. of Sirdar Majestic Knitting Wool (4-ply) for First Size, or 12 ozs. for Second Size; or allow 12 ozs. of R.A.F. Knitting Wool, 4-ply (specially issued to knitting parties) for First Size, or 13½ ozs. for Second Size; two No. 12 knitting needles; four No. 9 knitting needles, pointed each end.

TENSION: Over the st.-st. worked on No. 9 needles, 13 sts. to 2 inches in width, and 8 rows to 1 inch in depth.

MEASUREMENTS—after pressing: First Size: Shoulder, to lower edge, 22 inches; round chest below armholes, 36 inches (it will fit up to a 38-inch chest); sleeve down underarm, 19 inches.

Second Size: Shoulder to lower edge, 24 inches, round chest below armholes, 38 inches (it will fit up to a 40-inch chest); sleeve down underarm, 20 inches.

NOTE: To work the FIRST SIZE, follow the directions, omitting the instructions given between brackets thus: (). To work the SECOND SIZE, follow the directions as varied by the instructions between brackets thus: ().

THE BACK

Using No. 12 needles cast on 112 sts. for first size (or 120 sts. for second size), and work in ribs of k. 2, p. 2 for 3 inches.

Change to two No. 9 needles and proceed in st.-st., which is one row k., one row p. alternately, the k. rows being the right side, and continue until work measures 14½ inches (or 16 inches for second size) from start.

Now shape armholes by taking 2 tog. at each end of every row until 88 sts. remain (or 96 sts. for second size). Then proceed without further shaping until work measures 22 inches (or 24 inches for second size) from lower edge, ending with a p. row. Now shape shoulders:

For First Size—Next row: Cast off 6, k. until there are 22 sts. on right-hand needle, turn.

Slipping all the remaining sts. on to a spare needle, leave them for the time being and proceed on the first set of 22 sts. thus:

** Cast off 6 sts. at the beginning of every row which starts at armhole end until 4 sts. remain. Work one more row and cast off.**

Return to the sts. on spare needle and, with right side of work facing you, slip the centre 32 sts. on to a stitch-holder for collar. Join wool to the inner end of the remaining sts. and k. to side edge, then work on these sts. to match the first shoulder from ** to **.

(To Shape the Shoulders for Second Size, work as follows: **Next row:** Cast off 7, k. until there are 25 sts. on right-hand needle, turn. Slipping all remaining sts. on to a spare needle and leaving them for the time being, work on first set of sts. thus:

*** Cast off 7 sts. at the beginning of every row which starts at armhole end until 4 sts. remain. Work 1 more row on these sts., then cast them off.***

Return to the sts. on spare needle and, with right side facing you, slip the centre 32 sts. on to a stitch-holder for collar, join wool to the inner end of the remaining sts., and k. to armhole end; then work this shoulder to match the first shoulder from *** to ***.)

THE FRONT

Work exactly the same as the back.

THE SLEEVES (Both alike)

Using No. 12 needles cast on 64 sts. and work in k. 2, p. 2 ribbing for 3 inches. Change to two No. 9 needles and proceed in st.-st., but inc. 1 st. at each end of 3rd row and every following 8th row until there are 92 sts. (or 98 sts. for second size), noting that to inc. 1 st. you k. into front and then into back of same st. to gain 2 from it, before slipping it off left-hand needle.

Now proceed without further shaping until sleeve measures 19 inches (or 20 inches for second size), ending with a p. row. Now shape the top by taking 2 tog. at each end of the next 40 rows. Cast off the remaining 12 sts. (or 18 sts. for second size).

THE COLLAR

Join the shoulder seams of pullover, then, using the four No. 9 needles, pick up 96 sts. round the neck thus:

With right side facing you, slip off on to one No. 9 needle the 32 sts. left at back of neck, then with the same needle pick up 16 sts. along side edge of neck down as far as the 32 sts. left for front. On to a second No. 9 needle slip the 32 sts. from front neck, then pick up a further 16 sts. along second side of neck as far as the 32 sts. of back neck. Divide these sts. on to three needles, then work in rounds of k. 2, p. 2 ribbing for 7 inches. Cast off loosely ribwise.

TO COMPLETE PULLOVER

Pin out body and sleeves to the measurements given (do not pin out waist rib) and press the st.-st. sections under a damp cloth. Sew the sleeves into the armholes, then join the side and sleeve seams.

The Polo Neck Pullover

(IN DOUBLE KNITTING WOOL)

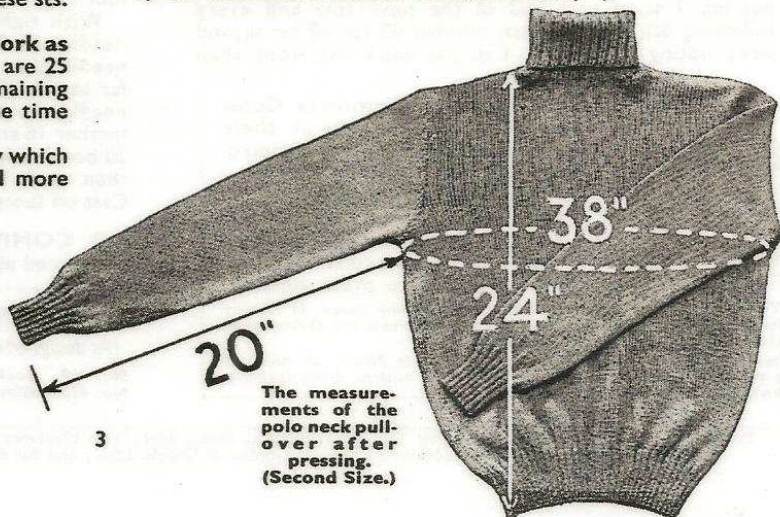
This is given in two sizes—First Size, 36-inch chest;
Second Size, 38-inch chest.

MATERIALS: Allow 15 ozs. of Templeton's Botany Fibro Double Knitting Wool for First Size, or 16 ozs. for Second Size; or allow 19½ ozs. of R.A.F. Double Knitting Wool (specially issued to knitting parties) for First Size, or 21 ozs. for Second Size; two No. 10 knitting needles; four No. 7 knitting needles pointed each end.

TENSION: On No. 7 needles, 9 sts. to 2 inches in width and 6 rows to 1 inch in depth.

MEASUREMENTS—after pressing: As for Polo Neck Pullover in 4-ply wool.

NOTE: To work the FIRST SIZE, follow the directions, omitting the instructions given between brackets thus: (). To work the SECOND SIZE, follow the directions as varied by the instructions between brackets thus: ().



The measurements of the polo neck pullover after pressing. (Second Size.)

THE BACK

With No. 10 needles cast on 76 sts. (or 80 sts. for second size) and work in ribs of k. 2, p. 2 for 3 inches, but inc. 1 st. at each end of last row of ribbing in both sizes, so making 78 sts. for small size and 82 sts. for large size. Change to two No. 7 needles and proceed in st.-st., which is one row k., one row p. alternately, the k. rows being the right side, until back measures 14½ inches (or 16 inches for second size).

To shape armholes, take 2 tog. at each end of the next 8 rows, when 62 sts. will remain (or 68 sts. for second size).

Proceed without shaping until work measures 22 inches (or 24 inches for second size), ending with a p. row. Now shape shoulders thus:

For First Size : Next row : Cast off 4 sts., k. until you have 17 sts. on right-hand needle, turn. Slipping remaining 41 sts. to a stitch-holder, work only over the group of 17 sts. thus : ** Cast off 4 sts. at beginning of every row that starts from armhole end until 5 sts. remain. Work one more row, then cast off these 5 sts.**

Now, with right side of back towards you, slip the central 20 sts. on to a spare No. 7 needle. Join wool to the next st. and k. over the remaining 21 sts. Then work on these as from ** to ** of first side.

(To Shape Shoulders of Second Size : Next row : Cast off 5 sts., then k. until you have 19 sts. on right-hand needle, turn. Slipping remaining 44 sts. to a stitch-holder, work only over the group of 20 sts. thus :

*** Cast off 5 sts. at beginning of every row that starts from armhole end until 4 sts. remain. Work one more row; cast off remaining sts.*** Now slip the central 20 sts. to a spare No. 7 needle. Join on wool to next st. and k. over the remaining 24 sts. Then work as from *** to *** of the first side.)

THE FRONT

Work exactly the same as the back.

THE SLEEVES (Both alike)

With No. 10 needles cast on 36 sts. and work in ribs of k. 2, p. 2 for 3 inches.

Change to two No. 7 needles and proceed in st.-st., but inc. 1 st. at each end of the next row and every following 6th row until sts. number 62 (or 68 for second size), noting that to inc. 1 st. you work into front, then



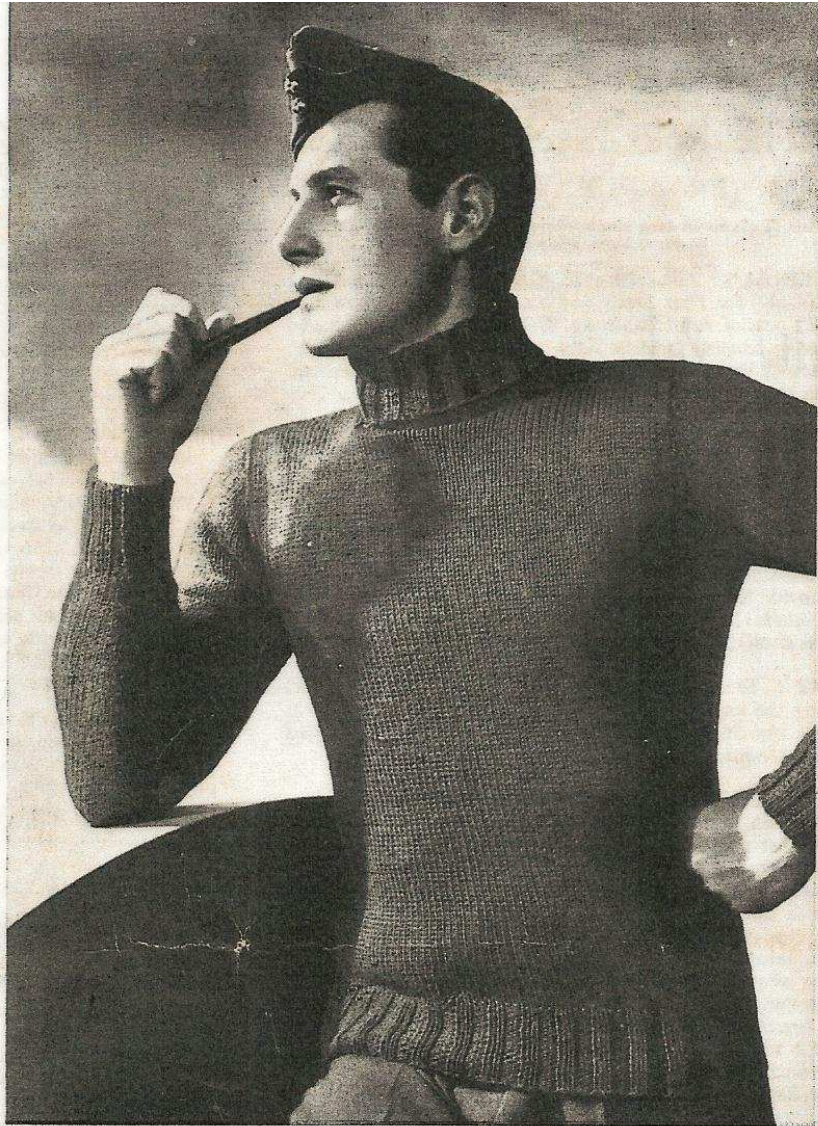
You can qualify for this attractive chromium badge if you join a registered knitting party.

The R.A.F. Comforts Committee welcome gifts at their depot at 20, Berkeley Square, London, W.1.

By sending your garments to this address for central distribution you will be certain they will be sent to those units where they are most needed.

Knitting parties who desire to become registered should write to the above-named address.

Please be sure to attach all pairs of gloves, socks, and mittens firmly together.



into back of same st. to gain 2 from it before slipping it off left-hand needle.

Proceed without further inc. until sleeve measures 19 inches (or 20 inches for second size) from start, ending with a p. row. Then shape the top by taking 2 tog. at each end of the next 27 rows. Cast off remainder.

THE COLLAR

Join the shoulder seams of pullover, then, using the four No. 7 needles, pick up 72 sts. round the neck thus :

With right side facing you, slip off on to one No. 7 needle the 20 sts. left from back neck, then with same needle pick up 16 sts. along side edge of neck down as far as the 20 sts. left for front. On to a second No. 7 needle slip the 20 sts. from front neck, then pick up a further 16 sts. along second side edge of neck as far as the 20 back neck sts. Divide the 72 sts. on to three needles, then work in rounds of k. 2, p. 2 ribbing for 7 inches. Cast off loosely, ribwise.

TO COMPLETE PULLOVER

Proceed as for Polo-neck pullover in 4-ply wool.

ALSO ON SALE! FOR THE ROYAL AIR FORCE.

(As designed and approved by the R.A.F. Comforts Committee.)

No. 469. Socks, Gum-boot Stockings, 25 carves and Knee-caps.
No. 470. Gloves, Mittens, Flying Gloves, Short Helmet.